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**Template activity**  
**AGENDA 2030: CHANGE THE SCHOOL TO CHANGE THE COMMUNITY**  
**2020-1-BE01-KA229-074904**

<b>TITLE</b>	<b>Let's break the ice.</b>
<b>DESCRIPTION</b>	Icebreaker activities to allow exchange participants to get to know each other and make friends at the beginning of the experience.
<b>PROCEDURE</b>	<p>The activity took place through gradually more engaging knowledge games, from simple names exchange to a final trust game.</p> <p>The method used was experiential learning, which allows participants to feel physically and emotionally involved in all phases of the activity.</p> <p><b>Game 1 – Human Bingo</b></p> <p><i>Objective</i> Get 7 names across in any direction (up, down, diagonal). When you do this, you have won! (There can be more than one winner). This is just like regular bingo, only different.</p> <p><i>Setup / Preparation</i></p> <ol style="list-style-type: none"><li>1. Hand out a game sheet and a pen to each person.</li><li>2. Briefly review the rules with the group then start playing.</li></ol> <p><i>Rules</i></p> <ol style="list-style-type: none"><li>1. The goal is to get 7 names across in any direction (up, down, diagonal).</li><li>2. There can be more than one winner.</li><li>3. When you find someone in the room that matches a statement on the Human Bingo game sheet, write their first name in that box.</li><li>4. You can use the same person's name no more than twice.</li><li>5. The game is over when time is up (give the group 5-10 minutes to play).</li></ol> <p><b>Game 2 – Yurt circle</b></p> <p><i>Objective</i> "Yurt Circle" is a trust activity that must be directed carefully. It is safe when done correctly, but has a component of perceived risk and gives group members a good opportunity to show others they can be trusted.</p>

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	<p><i>Equipment</i></p> <p>A strong rope or one-inch tubular webbing is required. The length of the rope or webbing should be about one foot per person in the group.</p> <p><i>Set up/preparation</i></p> <p>Have the group stand in a circle. Have the group grasp the rope or webbing with both hands knuckles up and plant their feet. Talk with the group about trust and let them know that each one of them will have the opportunity to demonstrate that they are a person that can be trusted. Explain that you will count to three and then say "lean." When you say "lean" all group members are to gently and slowly lean back without moving their feet or letting go of the rope/webbing. Emphasize that you expect the rope/webbing to be held perfectly still.</p> <p>While the group is leaning back supporting each other count to three and say "stand." Practice this several times.</p> <p>When you feel, the group is ready tell them the next step is to sit. Tell them you will instruct them to lean as before. When the rope/webbing is still you will count to three and say "sit." All group members are too slowly and carefully sit down without moving their feet or letting go of the rope/webbing. Once they are down, count to three and say "stand."</p> <p>All group members are too slowly and carefully stand up without moving feet or letting go of the rope/webbing.</p>
<b>MATERIAL</b>	Sheets of paper, pens, balloons, strings and ropes.
<b>TIME</b>	2 h
<b>GROUP SIZE</b>	Ca. 40
<b>COMPETENCES AND SKILLS TO BE ACQUIRED</b>	Cross-cultural communication, proactivity, self-presentation, problem solving and teamwork, active listening, public speaking.
<b>NOTES (recommendation, pitfalls)</b>	Pay attention to the timing and ensure the active participation of all the students.
<b>School subjects involved</b>	Work based on interdisciplinary approaches: gym, foreign languages,
<b>School responsible for the realization of the activity</b>	Istituto Comprensivo Lucignano - ITALY

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